



Therapeutic Riding Association of Virginia

Student Name: \_\_\_\_\_

Center Name: \_\_\_\_\_

Instructor Name: \_\_\_\_\_

## LEVEL ONE: (with assistance) TRAV BRONZE RIDING CERTIFICATE CRITERIA

### Tacking A Horse

- \_\_\_/\_\_\_/\_\_\_ Indicates on the horse the proper place for positioning of the saddle.
- \_\_\_/\_\_\_/\_\_\_ Locates the front/back of the saddle.
- \_\_\_/\_\_\_/\_\_\_ Places the reins over the head while holding the headstall with the other hand.
- \_\_\_/\_\_\_/\_\_\_ Matches the appropriate throatlatch and noseband buckles to the straps.

### Grooming A Horse

- \_\_\_/\_\_\_/\_\_\_ Identifies, matches, and demonstrates the pattern of motion when using a \_\_\_ Curry comb \_\_\_ Body brush \_\_\_ Hoof pick \_\_\_ Mane/tail comb
- \_\_\_/\_\_\_/\_\_\_ Demonstrates the sequential use of these grooming tools (curry, body brush, hoof pick-either front/back/front/back or front/front/back/back) and mane & tail comb.
- \_\_\_/\_\_\_/\_\_\_ Explains the use of each grooming tool.
- \_\_\_/\_\_\_/\_\_\_ Identifies/locates the "V" frog of the hoof.
- \_\_\_/\_\_\_/\_\_\_ Wipes off the bit with a damp sponge after completing a lesson.
- \_\_\_/\_\_\_/\_\_\_ Names two after-care procedures to perform after the horse is finished with a lesson.

### Safety Rules

- \_\_\_/\_\_\_/\_\_\_ Names the proper attire for working around a horse (choose a helmet, slippers, close-toe shoes or pajamas).
- \_\_\_/\_\_\_/\_\_\_ Demonstrates the direction from which the horse needs to be approached (choose front or back, straight on or at an angle).
- \_\_\_/\_\_\_/\_\_\_ Demonstrates the tone/level of voice to use when around a horse (choose loud, soft, high, low).
- \_\_\_/\_\_\_/\_\_\_ Demonstrates how to ensure that horse knows where you are when working around it.
- \_\_\_/\_\_\_/\_\_\_ Demonstrates how to secure a horse after a lesson (choose to drop reins and leave the horse ask helper to tie the horse /or hold the horse).

### Leading

- \_\_\_/\_\_\_/\_\_\_ Demonstrates the proper method for leading the horse with two hands using a lead shank.
- \_\_\_/\_\_\_/\_\_\_ Demonstrates the proper position to stand when holding the horse at the halt (choose stand in front of the horses face, stand between the horses shoulder and nose on the left side, stands back by the hoof of the right leg).

### Mounting

- \_\_\_/\_\_\_/\_\_\_ Demonstrates the proper sequence for mounting the horse (if mounting from the right side, adapt accordingly).
  - \_\_\_ Pulls the stirrups irons down with assistance.
  - \_\_\_ Holds the reins in one hand (left is proper) at the withers.
  - \_\_\_ Places one foot in the stirrup (left is proper).
  - \_\_\_ Lifts other foot over the saddle and rump (right is proper).
  - \_\_\_ Sits down gently on the saddle.
  - \_\_\_ Takes the reins and holds one in each hand.

### Dismounting

- \_\_\_/\_\_\_/\_\_\_ Demonstrates the proper sequence for dismounting the horse (adapt if dismounting to the right)
  - \_\_\_ Takes both feet out of the stirrups (may use hands).
  - \_\_\_ Places left hand on the neck of the horse in front of the saddle, the other hand is on/near the pommel.
  - \_\_\_ Lifts the right leg over the back of the horse.
  - \_\_\_ Slides down the side of the horse, with help, to the ground.
  - \_\_\_ Places the stirrups over the top of the saddle making a crossing pattern, with assistance.

LEVEL ONE (continued)

**Knowledge**

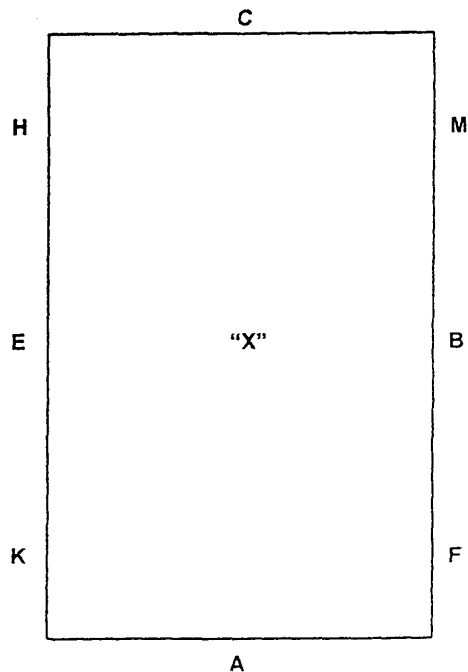
- \_\_\_/\_\_\_/\_\_\_ Can identify and match three parts of the saddle (saddle, girth, stirrup).
- \_\_\_/\_\_\_/\_\_\_ Identifies and matches three parts of the bridle (reins, noseband, throatlatch).
- \_\_\_/\_\_\_/\_\_\_ Can identify and match six parts of the horse (neck, tail, ears, hoof, back, and withers).
- \_\_\_/\_\_\_/\_\_\_ Identifies and matches two necessary food sources for the horse (hay/grass, water).

**Riding Skills**

- \_\_\_/\_\_\_/\_\_\_ Cues the horse to walk-on using the voice/leg/ weight shifts commands (circle all that apply).
- \_\_\_/\_\_\_/\_\_\_ Halts the horse using the voice/hand/weight shifts commands (circle all that apply)..
- \_\_\_/\_\_\_/\_\_\_ Steers the horse to the left and right at the walk using hand/leg commands.
- \_\_\_/\_\_\_/\_\_\_ Rides the horse at a walk in a complete circle around an obstacle with assistance.
- \_\_\_/\_\_\_/\_\_\_ Stands up in the stirrups maintaining two-point position for 50 feet, with hands propped on the horse's neck.
- \_\_\_/\_\_\_/\_\_\_ Guides the horse over a ground pole at the walk.
- \_\_\_/\_\_\_/\_\_\_ Completes a 5-step pattern in a given sequence.

**Sample Pattern:**

- M** Proceed at walk to **B**
- B** Halt (5 seconds)  
Circle right 20 meters at walk  
around obstacle at **X**
- B - F** Walk
- F** Halt



Instructor's Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Center Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: ( ) \_\_\_\_\_ Fax#: ( ) \_\_\_\_\_