



Therapeutic Riding Association of Virginia

Student Name: _____

Center Name: _____

Instructor Name: _____

LEVEL TWO: (student asks for assistance) TRAV SILVER RIDING CERTIFICATE CRITERIA
Tacking A Horse

- / / Places the saddle in the proper orientation on the back of the horse.
- / / Attaches the girth on the right side first (recognizing leather versus elastic side if applicable) and then attaches the girth on the left side to tighten it.
- / / Unbuckles the noseband and the throatlatch of the bridle.
- / / Doffs the horse's bridle over the ears.

Grooming A Horse

- / / Demonstrates the use and directional strokes of the curry comb, body brush, and mane & tail comb on the appropriate parts of the horse's body.
- / / Picks the horse's front hooves.
- / / Demonstrates the necessary after-care of the horse by brushing and sponging off the sweaty areas.
- / / Wipes off the saddle with (saddle) soap and water.

Safety Rules

- / / Removes all brushes, objects, etc. away from the horse's feet.
- / / Maintains at least one horse length distance from another rider while riding in the ring.
- / / Recognizes the horse's body language by its behavior: swishing the tail, pinning its ears back or perking its ears forward.
- / / Recognizes worn equipment (particularly worn straps and buckles).
- / / Checks the girth for tightness before mounting the horse.

Leading

- / / Leads the horse from the left side in an open area.
- / / Turns the horse in either direction.
- / / Leads the horse for 50 feet in a straight line and then halts.

Mounting

- / / Demonstrates the proper sequences for mounting the horse (if mounting from the right side, adapt accordingly).
 - Mounts the horse from the correct side (or from the right side if necessary).
 - Holds the reins at the proper length in left hand in preparation for mounting.
 - Properly places one foot in the stirrup.
 - Lifts other foot over the back of the horse without touching the horse.
 - Asks for assistance to lengthen or shorten the stirrup leathers.
 - Holds the reins at an equal length in the hands.

Dismounting

- / / Demonstrates the proper sequences for dismounting the horse (if dismounting to the right side, adapt accordingly).
 - Takes both feet out of the stirrups.
 - Holds both reins in the hand of the side dismounting to, and lays the hand on the horse's neck.
 - Brings the right foot over the back of the horse without touching the animal.
 - Slides down to the ground, landing on both feet.

Knowledge

- / / Locate the pommel, billets, and the cantle of the saddle.
- / / Locates the bit, browband and headstall on the bridle.
- / / Locates the poll, shoulder, chest, hip, barrel, and rump on the horse.
- / / Lists the feed that horses eat: pellets, hay, grain, (barley, oats, bran), mixed feed, sweet feed (combined with corn, oats, barley, bran, and molasses).

Riding Skills

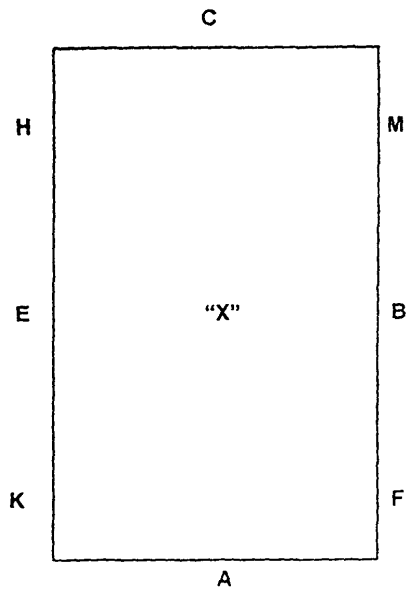
- / / Cues the horse to walk, halt, and trot.
- / / Increases the horse's speed while at the walk.
- / / Walks a complete circle without a center obstacle as a guide.
- / / Posts at the walk demonstrating a two beat rhythm.

LEVEL TWO (continued)

- ___/___/___ Sits the trot for a distance of 150 feet.
- ___/___/___ Identifies the location of the words "inside" and "outside".
- ___/___/___ Identifies the correct diagonal when trotting in either direction of the ring.
- ___/___/___ Maintains a posting trot on a straight line for 50 feet.
- ___/___/___ Maintains the two-point (or jumping position) while walking over 4 ground poles for a distance of 50 feet in a straight line.
- ___/___/___ Performs a simple change of direction by performing a half circle or by crossing the ring to the other side.
- ___/___/___ Turns the horse / changes the horse's direction by performing serpentines (weave cones while at the walk).
- ___/___/___ Completes a figure eight at the walk using two cones as guides to circle around.
- ___/___/___ Demonstrates control of the horse while riding on the outside periphery of the ring.
- ___/___/___ Maintains a balanced seated position without using the stirrups at a walk while tracking in a straight line.
- ___/___/___ Retrieves the stirrups and places the feet into them using hands if necessary.
- ___/___/___ Completes a seven step pattern in a given sequence.

Sample Pattern:

- X** Proceed at walk to C
- C** Turn left
- H-E** Continue walk
- E-X-B** Change rein by crossing arena
- B** Turn right
- F-A-K** Sitting trot
- K-E-H** Posting trot
- H** Walk
- C** Halt



Instructor's Signature: _____ Date: ___/___/___

Center Name: _____

Address: _____

Phone #: () _____ Fax #: () _____