



Therapeutic Riding Association of Virginia

Student Name: _____

Center Name: _____

Instructor Name: _____

LEVEL THREE: (independent) TRAV GOLD RIDING CERTIFICATE CRITERIA

Tacking A Horse

___/___/___ Dons and doffs the bridle on the horse independently.

___/___/___ Dons and doffs the saddle on the horse independently.

Grooming A Horse

___/___/___ Grooms the entire horse with supervision.

___/___/___ Picks out all four feet of the horse.

___/___/___ Wipes off the bridle and reins with (saddle) soap and water after each lesson.

___/___/___ Disassembles the saddle into parts and cleans them with (saddle) soap and water after a lesson (irons, stirrup leathers, girth, and the saddle).

___/___/___ Trims the horse's muzzle and indicates all other areas that are clipped on a regular basis.

___/___/___ Describes the proper care of the horse after a winter and summer lesson and gives reasons why.

Safety Rules

___/___/___ Demonstrates and gives a reason for moving to a different area of the ring if they are too close to another horse.

___/___/___ Demonstrates and gives reason for an emergency dismount.

___/___/___ Demonstrates and describes the proper spacing for the horse and rider when maneuvering past fences, through gates, and around obstacles when riding or leading a horse.

Leading

___/___/___ Performs a walk/trot/walk transition for 50 feet while leading the horse.

___/___/___ Leads the horse from the left and the right sides of the horse.

___/___/___ Backs the horse four steps in a straight line.

___/___/___ Halts the horse with the front feet square.

Mounting

___/___/___ Demonstrates the ability to adjust the stirrup leathers at the correct length using the arm as a measurement.

___/___/___ Demonstrates all the steps of mounting independently.

___/___/___ Gathers the reins to the appropriate length to obtain contact with the horse's mouth.

Dismounting

___/___/___ Maintains contact with the reins when dismounting the horse.

___/___/___ Uses the hands and arms to lift his/her bodyweight off the saddle for the dismount.

___/___/___ Demonstrates the ability to run up the stirrups independently after dismounting the horse.

Knowledge

___/___/___ Names and locates the skirt, stirrup leather, and knee roll of the saddle.

___/___/___ Names and locates the cheek pieces and the keepers on the bridle.

___/___/___ Names and locates the fetlock, hock, knee, gaskin, flank, and pastern on the horse.

___/___/___ Explains why there are different rations of feed for different horses (amount of work performed, size of horse).

___/___/___ Explains why certain horses might need nutritional supplements (older horses, mares in foal, heavily worked horses).

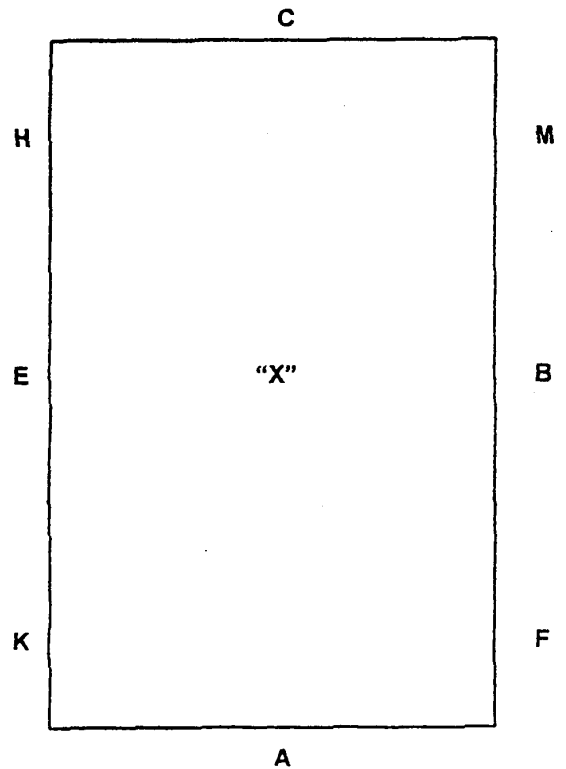
LEVEL THREE (continued)

Riding Skills

- ___/___/___ Cues the horse for the walk, halt, trot and back up movement patterns.
- ___/___/___ Completes a figure eight at a walk and trot without using any obstacles for guidance.
- ___/___/___ Performs a posting trot on the correct diagonal for the entire length of the ring, over cavelettis, and over ground poles.
- ___/___/___ Changes direction by trotting across the ring, trotting on a diagonal line, and trotting a half circle both ways.
- ___/___/___ Rides a complete circle at both the sitting and posting trot in both directions.
- ___/___/___ Maintains the two-point position at the trot for the entire length of the ring.
- ___/___/___ Demonstrates the working walk in both directions.
- ___/___/___ Halts the horses with the front feet square while on the rail and in the center of the ring.
- ___/___/___ Backs the horse four stride lengths in a straight line on the rail and in the center of the ring.
- ___/___/___ Rides the horse outside the ring, up and down hills and through gates.
- ___/___/___ Retrieves the stirrups without using the hands.
- ___/___/___ Maintains a balanced, seated position while riding the horse bareback at the walk.
- ___/___/___ Completes a ten to twelve step pattern in the ring in a given sequence (see sample pattern below).

Sample Pattern:

- X Proceed at working walk to C
- C Turn left
- H-E-K Continue walk
- K Sitting trot
- A Circle left 20 meters through X
- A-F Continue sitting trot
- F-B-M Posting trot
- M Working walk
- C-H Continue walk
- H-X-F Change direction
- F Sitting trot
- A Circle right 20 meters through X
- A-K Continue sitting trot
- K-E-H Posting trot
- H Walk
- C Halt



Instructor's Signature: _____ Date: ___/___/___

Center Name: _____

Address: _____

Phone #: () _____ Fax #: () _____